



Eco Cashmere
Soft



Vip

Stocking stitch

Size: UK 10/14 - US 6/10 - EU 36/40

Note: figures in brackets () refer to larger size. Where only one figure is given this refers to both sizes.

Skill Level: intermediate

How much yarn: 11 (14) balls (each ball 50g and 150m) of Eco Cashmere Soft yarn (100% Recycled Cashmere), shade no. 9485, whose 6 (8) balls for sweater and 5 (6) balls for skirt

Needles: Pair of 5.00mm knitting needles. A spare needle.

Sewing needle: Yarn needle with rounded point

Other items: Tubular elastic cord to size

STITCHES

Using needle: garter stitch (g st)

Stocking stitch (st st) - K1, P1 rib - K3, P1 rib.

TENSION (after work has been steamed and washed)

18 sts and 24 rows measure 10cm square over stocking st with 5.00 mm needles. Take time to check tension before starting work: it is essential to work to the stated tension to achieve success.

INSTRUCTIONS SKIRT

Front: with 5.00 mm needles cast on 69 (76) sts and, for lower border, work 4 rows (= 1.5cm) in K3, P1 rib, starting and ending first row with K2. Cont to work in st st. When piece measures 15(17) cm from border, inc 1 st (make one st = M1: with tip of needle, lift strand between last st knit and next st on left-hand needle and knit into back of it to increase one stitch) at each end, inside first and last 2 sts, on next and every following 24th row 4 times. There are 77 (84) sts. Then work 22 (28) rows straight. Now dec 1 st at each end, inside first and last 2 sts, on next and every following 4th row 3 times, then every alternate row 5 times and every following 4th row twice more. For dec on RH (right hand) side, work as follows: SKIP (= slip 1 st, knit 1 st, pass slipped st over K1) and on LH (left hand) side K2tog. AT THE SAME TIME as the 4th decrease, for upper border work 7cm in K3, P1 on rem sts, then cast off evenly.

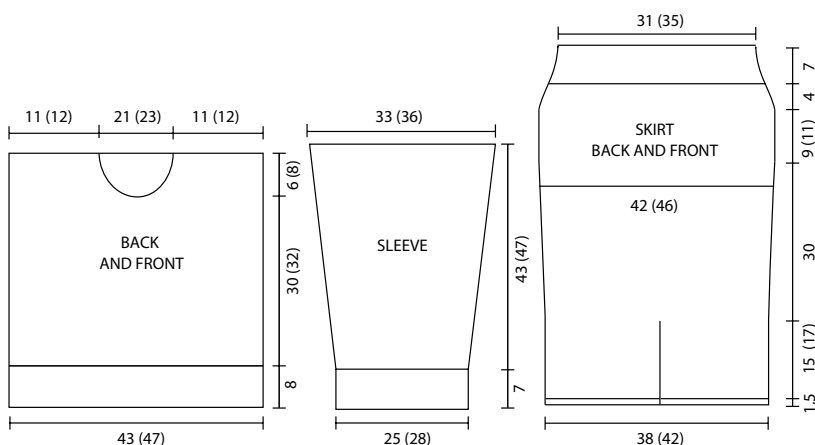
Back: commence to work Back separately in two parts, to create central slit. **FIRST (RH SIDE) PART:** cast on 39(42) sts and work 4 rows (=1.5cm) as follows: 35 (38)sts in K3, P1 rib (starting smaller size with K2 and larger size with K1) and 4 sts in K1, P1 rib, starting with P1 for slit border. Cont as follows: 35(38)sts in st st and 4 sts in K1,P1 rib as given. When work measures 15(17)cm from border, leave sts on a spare needle. **SECOND (LH SIDE) PART:** cast on 39 (42) sts and work 4 rows (= 1.5cm) as follows: 4 sts in K1, P1 rib for slit border and 35 (38) sts in K3, P1 rib, starting with P1 for both sizes. Then work as First Part in mirrored shape, starting with 4 sts in K1, P1 and 35(38) sts in st st. When piece measures 15(17)cm from beg, join the two parts as follows: **Next row (RS):** work 35(38)sts from First Part, place next 4 rib sts of First Part in front of corresponding 4 rib sts of Second Part and work (P2tog : a st of First Part with a st of Second Part in correspondence, K2tog: a st of First Part with a st of Second Part in correspondence) twice, work rem 35 (38)sts of Second Part. Cont to work as Front to end, increasing and decreasing in the same manner.

INSTRUCTIONS SWEATER

Back: with 5.00 mm needles cast on 79 (87) sts and, for border, work 8cm K3, P1 rib, starting and ending with K3 for both sizes. Then work 6 rows in garter st. Cont to work in stocking st. When Back measures 44(48)cm from beg, cast off all sts.

Front: with 5.00 mm needles cast on 77 (85) sts and, for border, work 8cm K3, P1 rib, starting and ending with K2 for both sizes. Then work 6 rows in garter st. Cont to work in stocking st. When Front measures 38 (40)cm from beg, shape neck: cast off centre 21(25) sts, join another ball of yarn and work separately each side, casting off on neck-edge every alternate row: 3 sts once and 2 sts once, then dec 1 st every alternate row 3 times. When neck-shaping measures 6(8)cm, cast off rem 20 (22) sts for each shoulder.

Sleeves: for each Sleeve, with 5.00 mm needles cast on 46 (50) sts and, for cuff, work 7cm in K3,P1 rib, starting with K2 and ending with K3 for both sizes. Then work 6 rows in garter st. Cont to work in stocking st, increasing 1 st at each end, inside first and last 2 sts, on 7th (11th)row and every following 16th (14th) row 6 (7) more times: there are 60 (66) sts. When sleeve measures 50(54)cm from beg, cast off all sts.



FINISHING

Skirt: Sew side seams. Insert elastic cord, cut to size, 1cm down upper edge, through K sts (on RS of work) of rib border.

Sweater: Sew a shoulder seam. **Polo neck:** with 5.00 mm needles and RS of work facing, pick up 76 (80) sts around back-and-front neck-edge and work in K3, P1 rib, starting with K2 and ending with K3. When neck measures 15cm from beg, cast off evenly. Sew neck and other shoulder seam. Set in sleeves. Sew side and sleeve seams.

Cable

Size: UK 10/14 - US 6/10 - EU 36/40

Note: figures in brackets () refer to larger size. Where only one figure is given this refers to both sizes.

Skill Level: intermediate

How much yarn: 10 (14) balls (each ball 50g and 200m) of Vip yarn (80% Extrafine Merino Wool, 20% Cashmere), shade no. 8435, whose 6 (8) balls for sweater and 4 (6) balls for skirt

Needles: Pair of 3.00mm knitting needles

A spare needle. A Double-pointed (Dp) needle

Hook: A 3.00mm crochet hook

Sewing needle: Yarn needle with rounded point

Other items: Tubular elastic cord to size

STITCHES

Using needle: tubular stitch (for casting on and casting off) Stocking stitch (st st) - K1, P1 rib.

CABLE: (worked on 10 sts)

Row 1: P2, K6, P2. **Row 2 and following even rows:** K2, P6, K2.

Row 3: P2, K6, P2. **Row 5:** P2, 6 Left Crossed stitches (= place next 3 sts onto Dp needle, on frontside, K next 3 sts, K3 from Dp needle), P2. **Rows 7 and 9:** P2, K6, P2. **Row 10:** K2, P6, K2. Rep Rows 1- 10 throughout.

Using hook: double crochet (dc).

TENSION

38 sts and 44 rows measure 10cm square over cable patt with 3.00 mm needles. Take time to check tension before starting work: it is essential to work to the stated tension to achieve success.

INSTRUCTIONS SKIRT

Back: with 3.00 mm needles cast on 130 (142) sts and, for lower border, work 4 rows in tubular st and continue in K1, P1 rib, until border measures 2cm from beg. Then work as follows: 4 (6)sts in stocking st, * 10 sts Cable, 4 (5) sts in stocking st; rep from * 9 times, ending with 6 sts in st st for last rep of larger size. When work measures 63(66)cm from beg, work 3.5cm in K1, P1 for upper border. Cast off.

Front: commence to work Front separately in two parts,

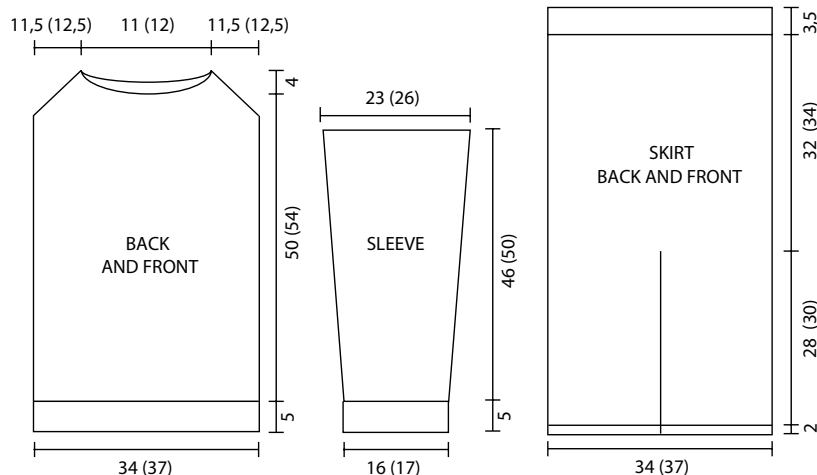
to create central slit. **FIRST (RIGHT HAND SIDE) PART:** cast on 74 (79) sts and work lower border as Back. Then work as follows: 4 (6)sts in stocking st, * 10 sts Cable, 4 (5) sts in stocking st; rep from * 3 times, 10 sts Cable, 18 sts in K1, P1 for slit border. When work measures 30(32)cm from beg, leave sts on a spare needle. **SECOND (LEFT HAND SIDE) PART:** cast on 74 (79) sts and work lower border as Back. Then work as First Part in mirrored shape, starting with 18 sts in K1, P1. When work measures 30(32)cm from beg, join the two parts as follows: **Next row (RS):** work 56 (61)sts from First Part, place next 18 rib sts of First Part in front of corresponding 18 rib sts of Second Part and work (K2tog: a st of First Part with a st of Second Part in correspondence, P2tog: a st of First Part with a st of Second Part in correspondence) 9 times, work rem 56 (61)sts of Second Part. Cont to work as Back to end.

INSTRUCTIONS SWEATER

Back: with 3.00 mm needles cast on 130 (142) sts and, for border, work 4 rows in tubular st and continue in K1, P1 rib until border measures 5cm from beg. Cont to work as given for Skirt Back. When Back measures 52(56)cm from beg, shape shoulders: cast off 3 sts at beg of next 14 rows and 2 sts at beg of next 12 rows. Now shape neck: cast off centre 38 (42)sts, join another ball of yarn and cont separately on each side, dec for neck 1 st on alternate row once and every following 4th row twice. At the same time, for shoulders continue to cast off 2 sts at beg of other 10 (14) rows.

Front: work as Back until Front measures 55(59)cm from beg. Continue to shape shoulders as Back and, at the same time, shape neck: cast off centre 16 (20)sts, join another ball of yarn and cont separately on each side, dec for neck on next and every alternate row: 2 sts 5 times, then 1 st 4 times.

Sleeves: for each Sleeve, with 3.00 mm needles cast on 60 (66) sts and, for cuff, work as lower border of Back. Then work as follows: 4 (6) sts in stocking st, * 10 sts Cable, 4 (5) sts in stocking st; rep from * 4 times. At each end, inside first and last 2 sts, inc 1 st on next and every following 14th (10th) row 11 (13) times, then every following 16th (18th) row 3 times, working in patt also new sts. There are 88 (98)sts. When Sleeve measures 51(55)cm from beg, cast off all sts.



FINISHING

Skirt: Sew side seams. With crochet hook work a round of dc all around upper border, inserting elastic cord at the same time.

Sweater: Sew a shoulder seam.

Neck-border: with 3.00 mm needles and RS of work facing, pick up 152 (164) sts around back-and-front neck-edge and work 3cm in K1, P1. Work 4 rows in tubular st. Cast off, grafting in darning st with yarn needle. Sew border and other shoulder seam. Set in sleeves. Sew side and sleeve seams.

Note: wash pieces carefully at low temperature, with a very little fabric softener. Lay the pieces to dry on a flat surface, without ever hanging them.